

JANUARY 2026

# LITTLE MOMENTS

Daisy's  
Early Learning and Care



## Babies

During December, the babies enjoyed a range of Christmas and New Year themed activities designed to support their sensory, social, and motor development. They explored festive sensory baskets filled with bells, soft fabrics, and ornaments, enjoyed music and movement sessions, and created simple artwork to celebrate the New Year.

The babies also took part in ball play, stacking activities, and a New Year picnic with dolls, encouraging sharing and early social interactions. These experiences helped develop curiosity, fine and gross motor skills, and a joyful connection to seasonal celebrations.

It has been especially lovely to see two new babies settling in well and showing signs of feeling safe and welcomed. We are looking forward to welcoming more families in the New Year.

## Toddlers

This month, our toddlers participated in a range of Christmas and New Year themed activities. They enjoyed exploring festive crafts and group experiences while continuing to develop their independence.

The children took part in a variety of sensory activities, science experiments, cooking experiences, imaginative play, and fine motor tasks, as well as activities that supported cognitive development, literacy, and numeracy skills.

Toddlers were also encouraged to develop self-help skills such as toileting routines and handwashing, helping to build confidence in their daily routines. They took great pride in helping to set up tables for mealtimes, learning responsibility and teamwork within a collaborative environment.



We acknowledge the Traditional Custodians of the land on which Daisy's stands. We pay our respects to Elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples.



## Kindy

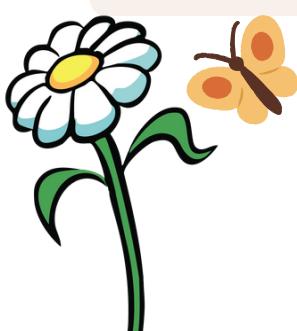
December was a joyful and busy month in the Kindy Room, filled with celebration, learning, and creativity. This month, Kindy children focused on Christmas Celebration and alphabet learning. The children enthusiastically engaged in many hands-on, creative Christmas themed craft activities. They created beautiful wreaths, Christmas trees, Santa faces, ornament socks, and other festive decorations. Using these artworks, the children helped decorate the Kindy Room, creating a warm and cheerful Christmas atmosphere that everyone enjoyed.

They were also excited to take part in a range of Christmas games, sensory play experiences, singing Christmas songs, and festive storytelling. Some activities included elements of Indigenous culture, where children explored Aboriginal-style crafts and language, supporting their understanding of culture, respect, and diversity. These experiences supported the development of children's creativity, fine motor skills, language, and social skills.

To extend literacy development, the children participated in various alphabet-focused activities throughout the month. They practised identifying letters and letter sounds, matching uppercase and lowercase letters, clapping syllables, and recognising their own names. These activities helped strengthen early reading skills and built children's confidence in letter recognition and phonics.

In addition, the children celebrated Human Rights Day. Through discussions and activities, they learned about respect, kindness, and fairness, supporting positive social interactions and empathy toward others.

To finish the month, the children joyfully celebrated the New Year. They created a Fireworks 2026 poster, did a New Year's countdown with educators, and enjoyed a fun disco dance with glow sticks. Together, they pulled party poppers and excitedly shouted, "Happy New Year!" December was a meaningful and memorable month, supporting children's learning, celebration, and sense of community. We look forward to an exciting year ahead!



## Seasonal Safety Tips: Sun Safety for Children

Spending time outdoors is important for children's health and development, but protecting them from the sun is essential. Use these sun safety tips to help keep children safe, comfortable, and happy while playing outside.

### Sunscreen Safety

- Apply broad-spectrum sunscreen (SPF 30 or higher) before outdoor play.
- Sunscreen should be applied 15–20 minutes before going outside.
- Reapply sunscreen every 2 hours, and after water play or excessive sweating.
- Use child-safe or sensitive-skin formulas whenever possible.
- Remember often-missed spots: ears, nose, neck, tops of feet, and scalp (if uncovered).

### Protective Clothing

- Dress children in lightweight, light-colored clothing that covers arms and legs when possible.
- Wide-brimmed hats help protect faces, ears, and necks.
- Sunglasses labeled UV400 or 100% UV protection add extra eye safety (especially for older children).



### Shade & Outdoor Play

- Avoid prolonged sun exposure during peak hours (10:00 a.m. – 4:00 p.m.).
- Rotate activities between sun and shade to limit continuous exposure.

### Hydration is Key

- Encourage children to drink water frequently
- Watch for signs of dehydration: dry lips, fatigue, dizziness, or irritability.

### Watch for Heat & Sun Illness

Be alert for signs of overheating or sun-related illness, including:

- Flushed or pale skin
- Excessive sweating or lack of sweating
- Headache or nausea
- Fatigue or confusion

 Don't Forget: Cloudy Days Count! Up to 80% of the sun's UV rays can pass through clouds, so sun protection is important even on overcast days.



Visit us on Instagram and  
Facebook for regular updates

 daisys\_elc  
 Daisy's ELC

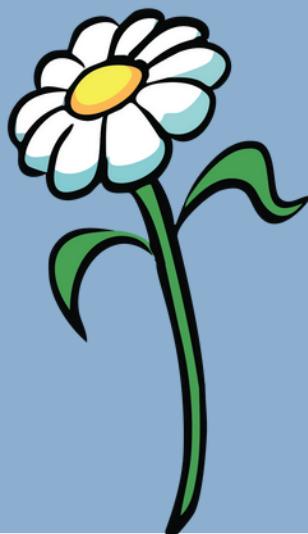
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## Days at Daisy's



Play, fun and smiles!



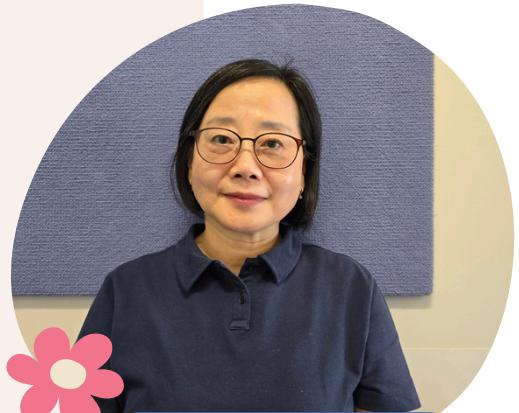
## Educator Spotlight

Favourite children's book:

We're Going on a Bear Hunt



Best snack to make at home:  
Homemade Pizza and Fruit Kebabs



Christina

I love that Daisy's has friendly educators who are all dedicated to making sure children have a fun and safe time. Additionally, I like that the educators, children, and families care for one another like a small family. I value the strong sense of belonging at Daisy's.



Our centre is a calm, welcoming place where babies and toddlers can explore, play and grow at their own pace.

[Book a tour](#) on our website and see how we support every step of their journey.

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